



EVERYDAY MAGICKS AFFIRMATION DECK



MINI GUIDEBOOK

BY TAMI GOULET



Welcome to the Deck

Dear Soul-Seeker,

Welcome to the Everyday Magicks Affirmation Deck — a sacred companion for your healing, intention-setting, and intuitive connection. These 52 cards were channeled with care to support you in coming home to yourself — not by blowing up your life, but by anchoring into small, soul-aligned shifts.

Each card is an energetic whisper — a reminder of your truth, your power, your presence.

You can use this deck daily or intuitively. Shuffle and draw one card as a focus for your day, use a spread to explore a question, or pull a card to close your journaling practice. Let these cards guide your alignment, soothe your heart, and reconnect you with your own inner knowing.

Whether you're in a season of rising, resting, releasing, or reclaiming — there is a message for you here.

Let's begin.

With love and magick,

Tami





Why I Created This Deck

This deck was born from a deeply personal journey — one filled with sacred pauses, soul whispers, and the decision to choose myself, again and again.

I had already rebuilt my life once — rising from the fire, carrying wisdom in my bones. And then life asked me to go deeper. To let go of a marriage that no longer grew with me. To walk away from what was safe, and step into the unknown — not because I had the answers, but because I had finally remembered my worth.

In that space of unraveling, I met parts of myself I'd long abandoned — the scared ones, the silenced ones, the ones who were told they had to shrink to be loved. These affirmations became the way I held them. The way I held me.

I didn't need a massive overhaul. I needed small truths. Sacred shifts. Anchors that brought me back to myself when the world felt heavy.

These cards became those anchors.

I created them for anyone who's ever felt like too much, not enough, or stuck in the in-between. For anyone longing for a sign, a shift, or a soft way home.

This deck is your reminder: you are already whole — and your magick is already unfolding.





How to Use This Deck

You can use your deck however your intuition leads you, but here are a few suggested ways to invite it into your day:

- **Daily Draw:** Pull one card in the morning to set your energetic tone for the day.
- **Weekly Anchor:** Choose a card each Sunday or Monday to ground and guide your week.
- **In-the-Moment Check-In:** When you feel off, stuck, or spiraling, pull a card to recentre.
- **Journaling Companion:** Draw a card before or after journaling to spark reflection.
- **Spread Support:** Use one of the custom spreads below to explore a theme or pattern.



Card Spreads

1-Card Daily Draw

Ask: What do I need to remember or embody today?

2-Card Shadow & Shine

- Card 1: What shadow or fear am I ready to face?
- Card 2: What light or truth is ready to rise?



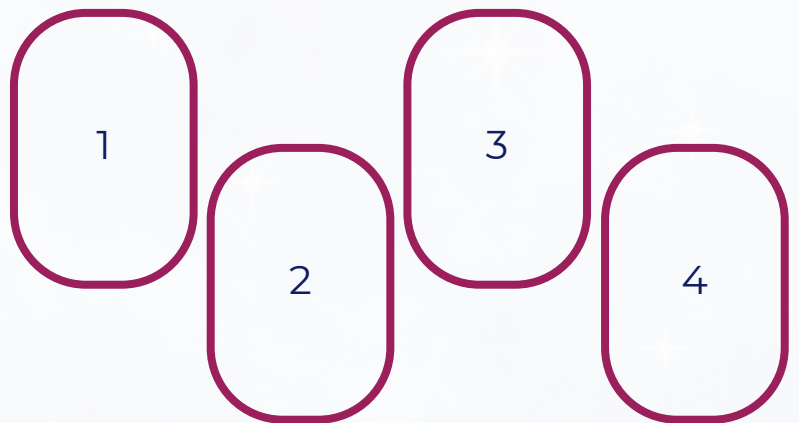
🌟 3-Card Soul Spread

- Card 1: What's anchoring me right now?
- Card 2: What am I being invited to shift or see differently?
- Card 3: What's rising or becoming?



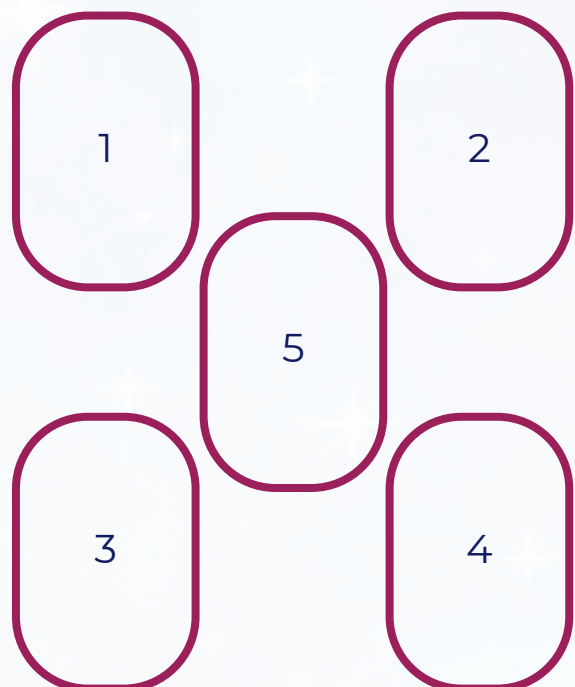
🌟 4-Card Weekly Anchor

- Card 1: Focus of the week
- Card 2: What to let go of
- Card 3: What to lean into
- Card 4: Energetic reminder to carry forward



🌟 5-Card "Soul Map" Spread

- Card 1: What energy am I in now?
- Card 2: What is holding me back or needing release?
- Card 3: What truth do I need to remember?
- Card 4: What support is rising for me?
- Card 5: What's my next aligned step?



Energy Categories

To help you explore the deeper layers of your deck, each card is sorted into one of four energetic themes. Use these for intentional pulls or to recognize patterns in your spiritual growth:

Rooted Truth

Anchoring into inner knowing, safety, and grounded self-worth.

These cards speak to stability, alignment, boundaries, and trusting yourself deeply.

Cards: 1, 2, 8, 13, 14, 20, 23, 27, 30, 31, 32, 36, 44, 48, 49, 50

Rising Courage

Stepping into your power, choosing growth, and rewriting your story.

These cards are about boldness, willingness, rewriting the narrative, and courageous presence.

Cards: 3, 7, 11, 15, 16, 17, 18, 19, 21, 28, 34, 35, 39, 42, 46, 51

Releasing Shadow

Letting go of pressure, perfection, projections, and outdated patterns.

These affirmations focus on release, healing, surrender, and shifting out of old narratives.

Cards: 4, 5, 6, 9, 12, 22, 25, 29, 33, 38, 40, 43, 47, 52

Receiving Magick

Calling in love, alignment, abundance, and soul-anchored vision.

This final group brings in the joy, abundance, clarity, and connection you've cleared space for.

Cards: 10, 24, 26, 37, 41, 45



Card 1: I trust the unfolding and stay rooted in my knowing.



Energy Category: 🌿 Rooted Truth

Meaning: This card is your reminder that even if things feel unclear, your inner wisdom knows the way. Root down. Trust the process. Let it unfold.

Journaling Prompt: Where in my life do I need to trust the timing more deeply?

Card 2: I am already whole. I am just remembering.

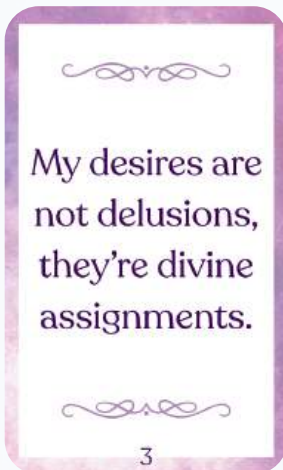


Energy Category: 🌿 Rooted Truth

Meaning: You're not broken, and you don't need fixing. This card calls you home to your innate wholeness and divine identity.

Journaling Prompt: What truth about myself am I ready to reclaim?

Card 3: My desires are not delusions, they're divine assignments.



Energy Category: 🔥 Rising Courage

Meaning: This card reminds you that your deepest desires are sacred invitations — not something to hide or doubt.

Journaling Prompt: What desire have I been afraid to claim?

Card 4: I no longer chase. I magnetize.

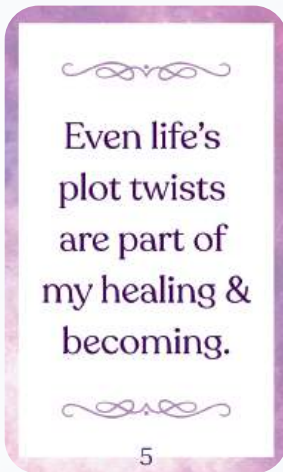


Energy Category: 🌙 Releasing Shadow

Meaning: This card asks you to release the urge to chase outcomes and instead become a magnet for aligned experiences.

Journaling Prompt: Where can I stop chasing and start trusting?

Card 5: Even life's plot twists are part of my healing & becoming.

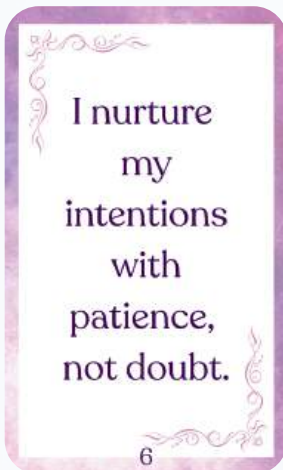


Energy Category: 🌙 Releasing Shadow

Meaning: This card invites you to reframe the unexpected as part of your soul's path — not a detour, but a doorway.

Journaling Prompt: What twist in my life is calling for a new perspective?

Card 6: I nurture my intentions with patience, not doubt.

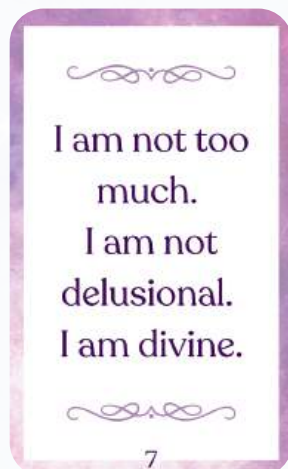


Energy Category: 🌙 Releasing Shadow

Meaning: This card reminds you that intentions grow in divine timing. Doubt only disrupts what patience supports.

Journaling Prompt: What intention do I need to trust more deeply right now?

Card 7: I am not too much. I am not delusional. I am divine.

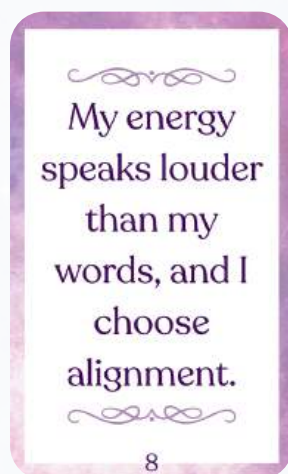


Energy Category: 🔥 Rising Courage

Meaning: This card helps you reclaim your space, your power, and your knowing — unapologetically.

Journaling Prompt: Where have I been dimming my truth to be accepted?

Card 8: My energy speaks louder than my words, and I choose alignment.



Energy Category: 🌱 Rooted Truth

Meaning: Your energy always tells the truth. This card invites you to align your inner and outer worlds, choosing coherence over performance.

Journaling Prompt: Where in my life am I out of energetic alignment, and what shift is needed?

Card 9: I no longer live in someone else's fear.



Energy Category: 🌙 Releasing Shadow

Meaning: This is your permission slip to drop inherited fear, expectations, or limitations. You're not required to carry what doesn't belong to you.

Journaling Prompt: Whose fear have I been holding as my own?



Card 10: I create micro-moments of magic, every single day.

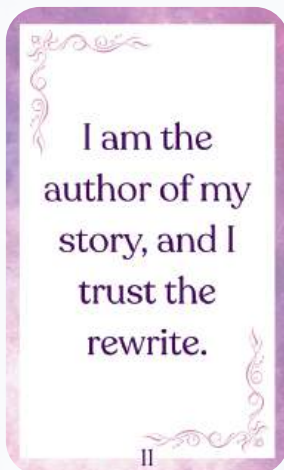


Energy Category: ✨ Receiving Magick

Meaning: Magic doesn't have to be big or loud. This card reminds you that wonder, joy, and alignment live in the tiny, intentional acts.

Journaling Prompt: What's one small way I can create magic today?

Card 11: I am the author of my story, and I trust the rewrite.



Energy Category: 🔥 Rising Courage

Meaning: You are not bound by old chapters. This card affirms your power to write new narratives, even if the ending is still unfolding.

Journaling Prompt: What story am I rewriting, and how do I want it to feel?

Card 12: I carry the best parts of me, love didn't give them to me, it revealed them.



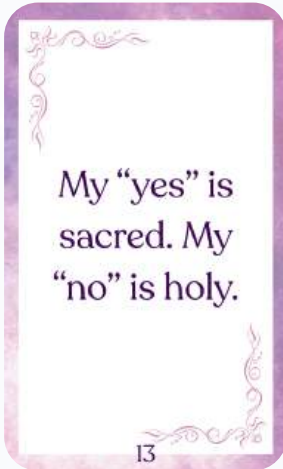
Energy Category: 🌙 Releasing Shadow

Meaning: Love is a mirror, not a source. This card reminds you that your beauty, worth, and brilliance are innate.

Journaling Prompt: What qualities do I now see in myself that were always there?



Card 13: My “yes” is sacred. My “no” is holy.

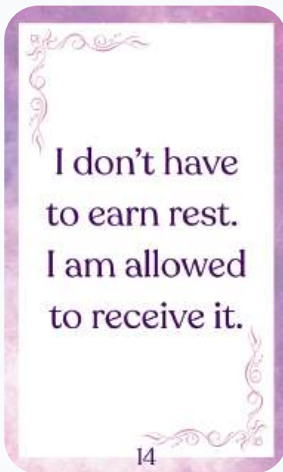


Energy Category: 🌿 Rooted Truth

Meaning: Your boundaries are not barriers, they are altars. This card invites you to reclaim your consent as a divine act.

Journaling Prompt: Where do I need to honor my sacred yes or holy no?

Card 14: I don't have to earn rest. I am allowed to receive it.



Energy Category: 🌿 Rooted Truth

Meaning: Productivity is not your worth. This card is a gentle reminder that rest is a form of receiving, and receiving is sacred.

Journaling Prompt: How can I let myself truly rest today?

Card 15: I rise with the version of me I now choose.

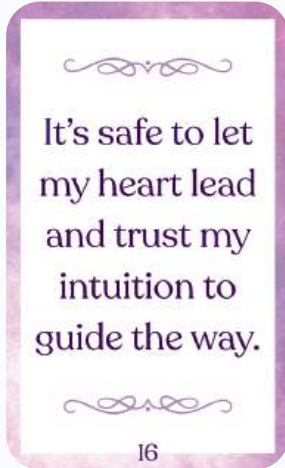


Energy Category: 🔥 Rising Courage

Meaning: You're not obligated to be who you once were. This card invites you to choose your next self and rise with them.

Journaling Prompt: Who am I choosing to become today?

Card 16: It's safe to let my heart lead and trust my intuition to guide the way.



Energy Category: 🔥 Rising Courage

Meaning: Logic has its place, but your soul speaks through your heart. This card invites you to let your heart lead and allow your intuition to light the way.

Journaling Prompt: What does my heart know that my head keeps questioning?

Card 17: I am allowed to outgrow what I once wanted.

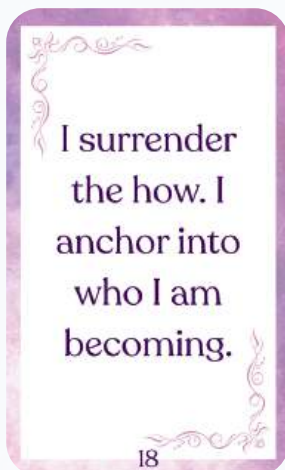


Energy Category: 🔥 Rising Courage

Meaning: Growth isn't betrayal. This card grants you permission to evolve beyond the past, even dreams you once clung to.

Journaling Prompt: What am I ready to release that no longer fits who I am?

Card 18: I surrender the how. I anchor into who I am becoming.



Energy Category: 🔥 Rising Courage

Meaning: The Universe will handle the details, your job is to become the one who's ready to receive it.

Journaling Prompt: Who am I becoming as I let go of control?

Card 19: I don't have to be ready. I just have to be willing.



Energy Category: 🔥 Rising Courage

Meaning: Readiness is a myth. This card reminds you that willingness cracks open the door to transformation.

Journaling Prompt: Where am I being invited to say yes, even without certainty?

Card 20: I release the pressure to have it all figured out.

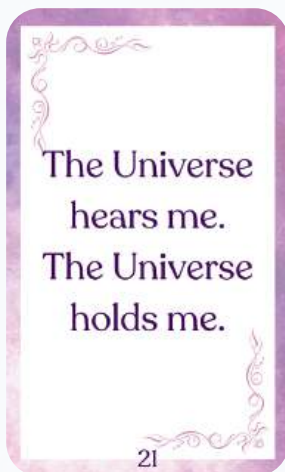


Energy Category: 🌱 Rooted Truth

Meaning: You are allowed to be a beautiful work-in-progress. This card is your invitation to trade pressure for presence.

Journaling Prompt: What would happen if I let myself not know, and trust anyway?

Card 21: The Universe hears me. The Universe holds me.



Energy Category: 🔥 Rising Courage

Meaning: You are not alone. This card is a cosmic exhale, a reminder that your prayers, intentions, and tears are witnessed.

Journaling Prompt: Where do I need to trust that I'm supported, even if I can't see it?

Card 22: Love doesn't have to wait. I let it in, even now.

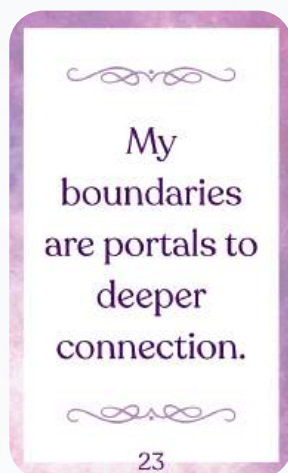


Energy Category: 🌙 Releasing Shadow

Meaning: Love isn't something you earn, it's something you allow. This card asks you to stop waiting and start receiving.

Journaling Prompt: What part of me is ready to feel loved right now?

Card 23: My boundaries are portals to deeper connection.



Energy Category: 🌿 Rooted Truth

Meaning: Real intimacy begins where truth and respect meet. This card invites you to see boundaries as bridges, not walls.

Journaling Prompt: What boundary could actually bring me closer to myself or others?

Card 24: I am the one the Universe listens to now.



Energy Category: ✨ Receiving Magick

Meaning: Your voice, your desire, your vibration, they all matter. This card reminds you that your co-creation is being heard.

Journaling Prompt: What do I want to speak into being?

Card 25: I choose to see wildflowers instead of weeds.



Energy Category: 🌙 Releasing Shadow

Meaning: Perspective is power. This card calls you to shift the lens, to find beauty, possibility, and softness where your fear sees flaws.

Journaling Prompt: What in my life could be seen as growth instead of a mess?

Card 26: I walk with faith and co-create with grace.



Energy Category: ✨ Receiving Magick

Meaning: You are not alone in this journey. This card is a reminder that you are walking with the Universe, and grace meets you with every step.

Journaling Prompt: What would shift if I trusted that I'm being supported?

Card 27: When I'm grounded, I hear my soul clearly.



Energy Category: 🌿 Rooted Truth

Meaning: Stillness is the gateway to clarity. This card reminds you to return to your body, your breath, your root, and let the noise fall away.

Journaling Prompt: What helps me reconnect to my grounded self?

Card 28: I no longer fear the quiet. I trust love to hold me, even in silence.



Energy Category: 🔥 Rising Courage

Meaning: Silence is not abandonment. This card helps you rewrite the stories of fear and instead invite in trust, presence, and self-holding.

Journaling Prompt: What does silence bring up for me, and how can I soften into it?

Card 29: Every choice I make is a spell I'm casting.

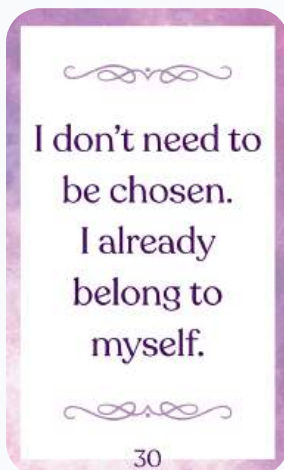


Energy Category: 🌙 Releasing Shadow

Meaning: Your actions are powerful containers of energy. This card invites you to act with intention and know that every decision shapes your reality.

Journaling Prompt: What am I unconsciously casting into my life with my choices?

Card 30: I don't need to be chosen. I already belong to myself.



Energy Category: 🌿 Rooted Truth

Meaning: You are your own home. This card is a reclaiming, a reminder that your worth isn't up for debate.

Journaling Prompt: Where have I outsourced my worth, and how do I call it back?



Card 31: I no longer mistake discomfort for danger.



Energy Category: 🌿 Rooted Truth

Meaning: Growth feels edgy, not unsafe. This card helps you discern between your nervous system's signal and your soul's stretching.

Journaling Prompt: What discomfort might actually be a sign of expansion?

Card 32: My truth doesn't need permission to shine.



Energy Category: 🌿 Rooted Truth

Meaning: Your truth is enough, even if it's inconvenient, messy, or misunderstood. This card empowers you to speak and live it anyway.

Journaling Prompt: What truth am I holding back that's ready to be heard?

Card 33: I receive the version of life I used to only dream of.



Energy Category: 🌙 Releasing Shadow

Meaning: You're no longer in survival, you're in receiving. This card invites you to stop waiting for the other shoe to drop and trust the joy.

Journaling Prompt: What part of my life already reflects the dreams I once had?

Card 34: I trust the timing, even when I don't understand it.

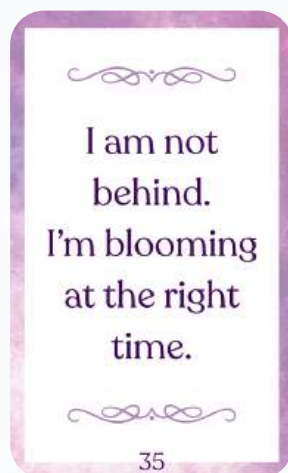


Energy Category: 🔥 Rising Courage

Meaning: The delays, detours, and divine pauses are still part of the plan. This card asks you to anchor in trust, even when clarity hasn't arrived.

Journaling Prompt: Where can I surrender the timeline and trust the unfolding?

Card 35: I am not behind. I'm blooming at the right time.



Energy Category: 🔥 Rising Courage

Meaning: There is no race. This card is a gentle reminder that your growth is on divine schedule, and comparison is a lie.

Journaling Prompt: What does blooming in *my* timing look and feel like?

Card 36: I speak to my soul with softness and strength.



Energy Category: 🌱 Rooted Truth

Meaning: Your inner voice is sacred. This card reminds you to replace judgment with compassion and let your self-talk reflect your highest truth.

Journaling Prompt: What would it sound like if I spoke to myself with love and power?

Card 37: Every breath is a chance to begin again.

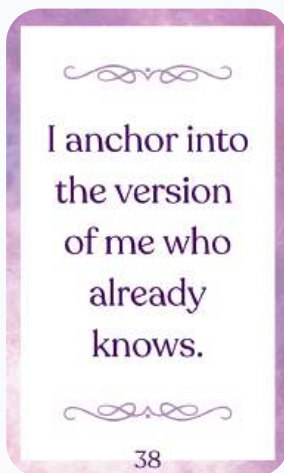


Energy Category: ✨ Receiving Magick

Meaning: You're never too far gone. This card brings you back to the present, where rebirth is always possible, one breath at a time.

Journaling Prompt: What fresh start am I ready to welcome in this moment?

Card 38: I anchor into the version of me who already knows.



Energy Category: 🌙 Releasing Shadow

Meaning: Doubt doesn't mean you're wrong. This card invites you to return to the part of you who already knows, and let them lead.

Journaling Prompt: What does my inner knowing want me to trust right now?

Card 39: It's not too late. I'm not too far gone.

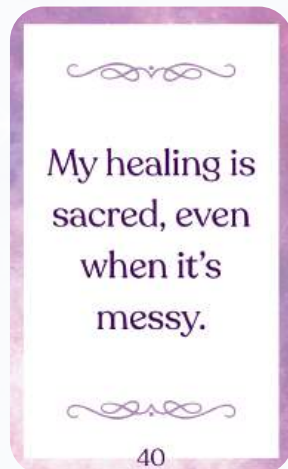


Energy Category: 🔥 Rising Courage

Meaning: This is your redemption card. It's a reminder that healing is always possible and hope is always available, even in the mess.

Journaling Prompt: Where have I been telling myself it's too late, and what's actually still possible?

Card 40: My healing is sacred, even when it's messy.



Energy Category: 🌙 Releasing Shadow

Meaning: Healing isn't linear, and that's okay. This card validates the chaos and calls it holy.

Journaling Prompt: What messy part of my healing journey can I bless today?

Card 41: I listen for the whispers, not the noise.



Energy Category: ✨ Receiving Magick

Meaning: The guidance you seek is quiet, subtle, and true. This card calls you inward to hear what your soul has been softly speaking.

Journaling Prompt: What inner whisper have I been ignoring?

Card 42: I choose courage, not control.

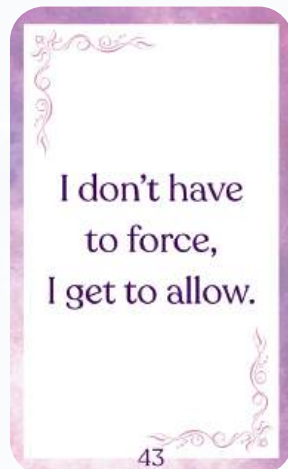


Energy Category: 🔥 Rising Courage

Meaning: Control is rooted in fear. This card helps you loosen your grip and walk forward with brave, surrendered steps.

Journaling Prompt: What am I trying to control that's asking for trust instead?

Card 43: I don't have to force, I get to allow.

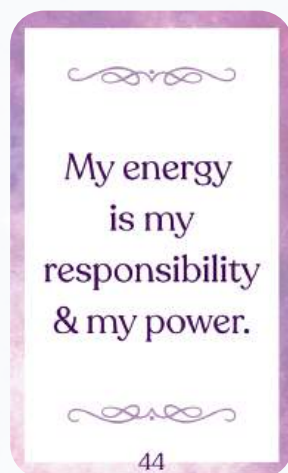


Energy Category: 🌙 Releasing Shadow

Meaning: This card is your permission slip to stop pushing and let things flow. There is power in allowing, too.

Journaling Prompt: Where can I soften my grip and let life move with me?

Card 44: My energy is my responsibility and my power.

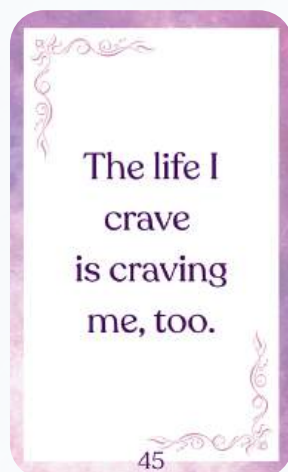


Energy Category: 🌿 Rooted Truth

Meaning: You don't have to absorb or carry what isn't yours. This card reminds you that energetic boundaries are empowering, not selfish.

Journaling Prompt: Where am I being called to reclaim my energy?

Card 45: The life I crave is craving me, too.



Energy Category: ✨ Receiving Magick

Meaning: Desire is a two-way prayer. This card assures you that what you seek is also seeking you.

Journaling Prompt: What would change if I believed my dreams were already on their way?

Card 46: I'm allowed to evolve without explanation.



Energy Category: 🔥 Rising Courage

Meaning: You don't owe anyone a backstory for your growth. This card gives you permission to shift, change, and rise without justifying your transformation.

Journaling Prompt: Where have I been explaining myself, and where can I simply evolve?

Card 47: I let go of perfection and trust my presence instead.



Energy Category: 🌙 Releasing Shadow

Meaning: You're not here to be flawless; you're here to be real. This card invites you to show up as you are, not as you think you "should" be.

Journaling Prompt: What part of me is ready to be seen, even if it's imperfect?

Card 48: I no longer hold what isn't mine to carry.

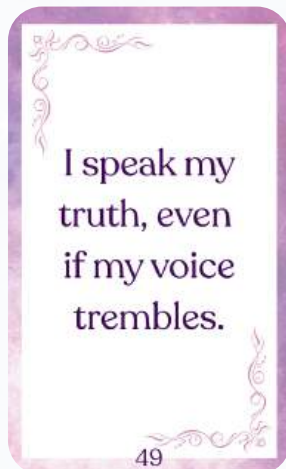


Energy Category: 🌿 Rooted Truth

Meaning: This is your call to release what never belonged to you: expectations, projections, emotions, stories, learnings, and so on. Let it go, let it all go.

Journaling Prompt: What burden am I ready to lay down today?

Card 49: I speak my truth, even if my voice trembles.



Energy Category: 🌿 Rooted Truth

Meaning: Your voice is powerful, even when it shakes. This card reminds you that bravery isn't loud, it's honest.

Journaling Prompt: What truth have I been holding in that needs to be spoken?

Card 50: I return to myself, again and again.

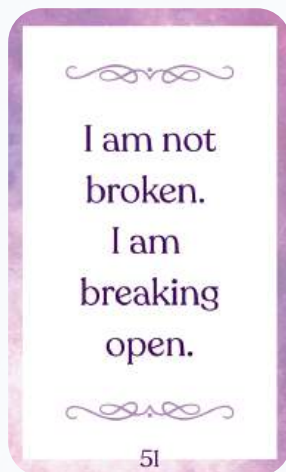


Energy Category: 🌿 Rooted Truth

Meaning: Coming home to yourself is a practice, not a destination. This card gently guides you back to your center.

Journaling Prompt: What anchors me in my truth when I feel lost?

Card 51: I am not broken. I am breaking open.



Energy Category: 🔥 Rising Courage

Meaning: Pain is not your ending, it's your initiation. This card reframes your hurt as the doorway to deeper wholeness.

Journaling Prompt: Where have I mistaken breaking open for breaking down?

Card 52: I let what's real rise and release what no longer serves.



Energy Category: 🌙 Releasing Shadow

Meaning: This is a card of discernment. It invites you to clear the clutter, emotionally, energetically, spiritually, mentally, and make room for what's true.

Journaling Prompt: What truth is rising in me, and what needs to be released to make space for it?



✉️ A Closing Word

Thank you for inviting the Everyday Magicks Deck into your sacred space. I hope these cards remind you that you are never too far from yourself, that healing is holy (even when it's messy), and that your truth is worth trusting.

You are whole. You are magick. And you are not alone.

With deep gratitude,
Tami





WANT TO TAKE THIS EVEN DEEPER?

If this deck spoke to your soul, here are a few next steps to deepen your journey:

🌟 **Everyday Magicks Mini-Course:** Learn how to weave intention, intuition, and small shifts into your everyday life. Perfect if you're ready for real transformation in bite-sized, beautiful ways.

📖 **Everyday Magicks Journal:** A 30-day guided space for intention-setting, tracking your energy, anchoring your actions, and working with your deck.

🧘 **1:1 Soul Shift: Intuitive Activation Session:** A private session to receive powerful intuitive insights and support around love, self-worth, and alignment.

🌀 **The C.I.R.C.L.E. Method™:** A 16-session personalized transformational journey — designed for those ready to stop waiting and start embodying who they truly are.

Check out the details here:

www.speakyoursoulmagicks.com/magickalnextsteps



Or explore more ways to work with me at:

✉ **Contact Me:** tami@speakyoursoulmagicks.com

🌐 **Website:** speakyoursoulmagicks.com

You're already whole.

Let's keep anchoring that truth — together.

Tami Goulet

Spiritual Coach | Intuitive Channel
Energy Healer | Soul Alchemist

